

Italian Cannellini Bean Frittata

Yield: 4 cups mix (8 portions)

Fills a 6 inch cake pan or 2/3^{rds} full 9 inch pie tin

6 tablespoons. (2 oz.). Basic Egg Style Mix

2 cup Cold Water

4 tablespoons. Chiffonade of Basil

1/2 cupRed Bell Pepper, small diced½ cupDiced Onions, small diced

2 tablespoons Olive Oil ½ teaspoon Salt

½ cup Daiya Mozzarella Cheese (

1 cup Cooked Cannellini or Red Kidney bean of

choice

- 1. Preheat oven to 350 degrees F.
- 2. Mix egg mixture with cold water and let set 5 minutes
- 3. Sauté pepper and leeks in sauté pan with oil
- 4. Add sautéed vegetables, basil, cheese, onions, salt, and beans to egg mixture and mix until evenly dispersed.
- 5. Pour into lightly oiled pie or cake tin and bake for 20 minutes or until firm to touch. Can serve immediately or refrigerate until ready to use.

Optional to top with more mozzarella cheese before baking

Can substitute cooked pasta of choice