

Nutrition Facts

660 servings per container

Serving size **1/2 cup prepared**
(17g mix)

Amount Per Serving**Calories** **70**

% Daily Value*

Total Fat 2.5g **3%**Saturated Fat 1g **5%***Trans* Fat 0g**Cholesterol** <5mg **1%****Sodium** 170mg **7%****Total Carbohydrate** 9g **3%**Dietary Fiber <1g **1%**

Total Sugars 5g

Includes 0g Added Sugars **0%****Protein** 3g **6%**Vitamin D 0mcg **0%**Calcium 150mg **12%**Iron 0mg **0%**Potassium 170mg **5%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.