

GF Bisquick

Nutrition Facts

Serving Size 1/3 cup (40g mix)

Serving Per Container about 11

Amount Per Serving (Prepared)

Calories 140 Calories from Fat 5

% Daily Value *

Total Fat 0.5g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 340mg **14%**

Total Carbohydrate 31g **10%**

Dietary Fiber <1g **3%**

Sugars 3g

Protein 2g

Vitamin A 0% Vitamin C 0%

Calcium 4% Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.