

Golden Choice Lower Sugar Instant Pudding Mix
Cheesecake

Nutrition Facts

Serving Size 4 fl oz
Servings Per Container 34

Amount Per Serving

Calories 70

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 105mg **4%**

Total Carbohydrate 12g **4%**

Dietary Fiber 0g **0%**

Sugars 9g

Protein 4g

Vitamin A 4% • Vitamin C 0%

Calcium 25% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g