

Free-O-Wheat Plain Panko Style Bread Crumbs, 15lb

# Nutrition Facts

~226 servings per container

**Serving size** **1/3 cup (30g)**

**Amount Per Serving**

**Calories** **80**

**% Daily Value\***

**Total Fat** 0g **0%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 55mg **2%**

**Total Carbohydrate** 18g **7%**

Dietary Fiber 0g **0%**

Total Sugars 1g

Includes 1g Added Sugars **2%**

Sugar Alcohol 0g

**Protein** 1g **2%**

Vitamin D 0mcg **0%**

Calcium 8mg **0%**

Iron 0mg **0%**

Potassium 15mg **0%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.