

Boost Plus Nutritional Drink  
Rich Chocolate

# Nutrition Facts

1 servings per container

**Serving size** 1 carton (237ml)

**Amount Per Serving**

**Calories** **360**

**% Daily Value\***

**Total Fat** 14g **18%**

Saturated Fat 2g **10%**

*Trans* Fat 0g

**Cholesterol** 10mg **3%**

**Sodium** 190mg **8%**

**Total Carbohydrate** 45g **16%**

Dietary Fiber 1g **4%**

Total Sugars 24g

Includes 24g Added Sugars **48%**

**Protein** 14g **28%**

Vitamin D 6mcg 30%

Calcium 325mg 25%

Iron 4.5mg 25%

Potassium 470mg 10%

Vitamin A 20%

Vitamin C 50%

Vitamin E 50%

Vitamin K 25%

Thiamin 25%

Riboflavin 40%

Niacin 20%

Vitamin B6 35%

Folate 25%

Vitamin B12 45%

Biotin 25%

Pantothenic Acid 25%

Phosphorus 25%

Iodine 25%

Magnesium 25%

Zinc 30%

Selenium 25%

Copper 35%

Manganese 35%

Chromium 45%

Molybdenum 25%

Chloride 10%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.