

## Schar Hamburger Buns

**Nutrition Facts**

1 servings per container

**Serving size****1 roll (75g)****Amount Per Serving****Calories****210**

% Daily Value\*

**Total Fat** 2.5g **3%**Saturated Fat 0g **0%***Trans* Fat 0g**Cholesterol** 0mg **0%****Sodium** 480mg **21%****Total Carbohydrate** 45g **16%**Dietary Fiber 6g **21%**

Total Sugars 4g

Includes 4g Added Sugars **8%****Protein** 2g **4%**Vitamin D 0mcg **0%**Calcium 130mg **10%**Iron 2.7mg **15%**Potassium 94mg **2%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.