

ALF - Onion Ring Batter Mix

Nutrition Facts

Serving Size 6-8 rings (2oz batter)

Serving Per Container 8

Amount Per Serving - Prepared

Calories 75 Calories from Fat 2.5

% Daily Value *

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 155g **6%**

Total Carbohydrate 17g **6%**

Dietary Fiber 0.5g **2%**

Sugars 1.5g

Protein 1g

Vitamin A 0% Vitamin C 0%

Calcium 2% Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.