

ALF - Lemon Cookie Mix

Nutrition Facts

Serving Size 22.66g (dry mix)

Serving Per Container 16

Amount Per Serving**Calories** 65 Calories from Fat 0

% Daily Value *

Total Fat 4g **6%**Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%****Sodium** 125mg **5%****Total Carbohydrate** 16g **5%**Dietary Fiber 1g **3%**

Sugars 13g

Protein 1g

Vitamin A 0% Vitamin C 0%

Calcium 0% Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.