

ALF - Alfredo Sauce Mix

Nutrition Facts

Serving Size 20g (dry mix)

Serving Per Container 19

Amount Per Serving - Prepared

Calories 80 Calories from Fat 45

% Daily Value *

Total Fat 5g **8%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 20mg **6%**

Sodium 519g **21%**

Total Carbohydrate 14g **4%**

Dietary Fiber 0g **0%**

Sugars 1g

Protein 10g

Vitamin A 0% Vitamin C 0%

Calcium 0% Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.