

ALF - Blueberry Scone Mix

Nutrition Facts

Serving Size 1 scone (54g)

Serving Per Container 12

Amount Per Serving

Calories 214 Calories from Fat 75

% Daily Value *

Total Fat 8g **15%**

Saturated Fat 5g **26%**

Trans Fat 0g

Cholesterol 28mg **10%**

Sodium 163g **7%**

Total Carbohydrate 33g **11%**

Dietary Fiber 1g **4%**

Sugars 11g

Protein 4g

Vitamin A 0% Vitamin C 0%

Calcium 0% Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.