

Beanitos™ Black Bean Chips,
Original Sea Salt

Nutrition Facts

1 servings per container

Serving size

1 bag (28g)

Amount Per Serving

Calories

130

% Daily Value*

Total Fat 7g **9%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Polyunsaturated Fat 2.5g

Monounsaturated Fat 4g

Cholesterol 0mg **0%**

Sodium 120mg **5%**

Total Carbohydrate 15g **5%**

Dietary Fiber 4g **14%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 5g **10%**

Vitamin D 0mcg **0%**

Calcium 50mg **4%**

Iron 1mg **6%**

Potassium 154mg **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.