

Beanitos™ White Bean Chips,
Nacho Nation

Nutrition Facts

1 servings per container

Serving size 1 bag (28g)

Amount Per Serving

Calories 130

% Daily Value*

Total Fat 6g 8%

Saturated Fat 0.5g 3%

Trans Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 3g

Cholesterol 0mg 0%

Sodium 170mg 7%

Total Carbohydrate 14g 5%

Dietary Fiber 4g 14%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 5g 10%

Vitamin D 0mcg 0%

Calcium 82mg 6%

Iron 1mg 6%

Potassium 100mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.