

BF - Hi-Pro Choc Brownie Mix

Nutrition Facts

Serving Size 1/20 pkg (28g mix)

Serving Per Container 20

Amount Per Serving

Calories 120 Calories from Fat 45

% Daily Value *

Total Fat 5g **8%**

Saturated Fat 2.5g **13%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 75mg **3%**

Total Carbohydrate 17g **6%**

Dietary Fiber <1g **3%**

Sugars 12g

Protein 4g

Vitamin A 0% Vitamin C 0%

Calcium 10% Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.