

Better 'n Peanut Butter, Creamy

Nutrition Facts

Serving Size 2 Tbsp

Serving Per Container 141

Amount Per Serving

Calories 100 Calories from Fat 20

% Daily Value *

Total Fat 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 190mg **8%**

Total Carbohydrate 13g **4%**

Dietary Fiber 2g **8%**

Sugars 2g

Protein 4g

Vitamin A 0% Vitamin C 8%

Calcium 4% Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.