

Better Than Milk Unsweetened Oat Drink

Nutrition Facts

4 servings per container

Serving size 8 fl oz (240mL)

Amount Per Serving

Calories

130

% Daily Value*

Total Fat 4.5g **6%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 80mg **3%**

Total Carbohydrate 22g **8%**

Dietary Fiber 1g **4%**

Total Sugars 9g

Includes 0g Added Sugars **0%**

Protein 1g **2%**

Vitamin D 0mcg **0%**

Calcium 0mg **0%**

Iron 0mg **0%**

Potassium 0mg **0%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.