

Alfredo Buds

Nutrition Facts

Serving Size 2Tbsp (11g)

Serving Per Container about 40

Amount Per Serving - dry mix

Calories 40 Calories from Fat 10

% Daily Value *

Total Fat 1g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g **0%**

Cholesterol 5mg **1%**

Sodium 320mg **13%**

Total Carbohydrate 8g **3%**

Dietary Fiber 0g **0%**

Sugars 3g

Protein <1g

Vitamin A 0% Vitamin C 0%

Calcium 6% Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.