

Appleways

Soft Baked Chocolate Chip Cookie, 1.4 oz

# Nutrition Facts

1 servings per container

**Serving size** 1.4 oz (40g)

**Amount Per Serving**

**Calories** 160

% Daily Value\*

**Total Fat** 4.5g 6%

Saturated Fat 1g 5%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 90mg 4%

**Total Carbohydrate** 28g 10%

Dietary Fiber 2g 7%

Total Sugars 12g

Includes 10g Added Sugars 20%

**Protein** 2g 4%

Vitamin D 0mcg 0%

Calcium 8mg 0%

Iron 1mg 6%

Potassium 63mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.