

Nutrition Facts

1 serving per container

Serving size 1 bottle (330ml)

Amount Per Serving

Calories 190

% Daily Value*

Total Fat 6g 7%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 135mg 6%

Total Carbohydrate 10g 3%

Dietary Fiber 2g 6%

Total Sugars 4g

Includes 3g Added Sugars 6%

Protein 27g 43%

Vitamin D 0mcg 0%

Calcium 200mg 15%

Iron 5.6mg 30%

Potassium 410mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.