

Elmhurst Maple Walnut Barista

Nutrition Facts

4 servings per container

Serving size 8 fl oz (240ml)

Amount Per Serving

Calories 140

% Daily Value*

Total Fat 7g 9%

Saturated Fat 0.5g 4%

Trans Fat 0g

Polyunsaturated Fat 4.5g

Monounsaturated Fat 1g

Cholesterol 0mg 0%

Sodium 105mg 4%

Total Carbohydrate 15g 5%

Dietary Fiber 1g 5%

Total Sugars 4g

Includes 4g Added Sugars 7%

Protein 3g

Vitamin D 0mcg 0%

Calcium 39mg 4%

Iron 1mg 6%

Potassium 670mg 15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.