

Elmhurst Oat Milk Macha Latte

Nutrition Facts

1 servings per container

Serving size 1 Bottle (355ml)

Amount Per Serving

Calories 180

% Daily Value*

Total Fat 6g 8%

Saturated Fat 1g 5%

Trans Fat 0g

Polyunsaturated Fat 3.5g

Monounsaturated Fat 1.5g

Cholesterol 0mg 0%

Sodium 10mg 0%

Total Carbohydrate 27g 10%

Dietary Fiber 3g 11%

Total Sugars 7g

Includes 6g Added Sugars 12%

Protein 4g

Vitamin D 1mcg 6%

Calcium 35mg 2%

Iron 2mg 10%

Potassium 200mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.