EF - Sourdough Bread

Nutrition Facts

Serving Size 1 slice (33g)
Serving Per Container about 12

Amount Per Serving

Calories 90	Calories from Fat 30	
		% Daily Value *
Total Fat 3.5g		**5**%
Saturated Fat 0g		**0**%
Trans Fat 0g		
Cholesterol 0mg		**0**%
Sodium 110mg		**5**%
Total Carbohydrate 12g		**4**%
Dietary Fiber 2g		**8**%
Sugars 3g		
Protein 1g		

Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.