

Extend Nutrition™ Bars  
Yogurt and Berry

# Nutrition Facts

15 servings per container

**Serving size** 1 bar (42g)

**Amount Per Serving**

**Calories** 150

% Daily Value\*

**Total Fat** 5g 6%

Saturated Fat 2.5g 13%

*Trans* Fat 0g

**Cholesterol** 10mg 3%

**Sodium** 135mg 6%

**Total Carbohydrate** 24g 9%

Dietary Fiber 4g 14%

Total Sugars 1g

Includes 0g Added Sugars 0%

Sugar Alcohol 9g

**Protein** 9g 18%

Vitamin D 0mcg 0%

Calcium 43mg 4%

Iron 1mg 6%

Potassium 47mg 0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.