

Extend Nutrition™ Bars
Yogurt and Lemon

Nutrition Facts

15 servings per container

Serving size 1 bar (42g)

Amount Per Serving

Calories 150

% Daily Value*

Total Fat 6g 8%

Saturated Fat 3g 15%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 130mg 6%

Total Carbohydrate 22g 8%

Dietary Fiber 4g 14%

Total Sugars 1g

Includes 0g Added Sugars 0%

Sugar Alcohol 8g

Protein 9g 18%

Vitamin D 0mcg 0%

Calcium 45mg 4%

Iron 1mg 6%

Potassium 46mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.