

FFF - Alfredo Sauce Mix

# Nutrition Facts

Serving Size (19g)

Serving Per Container 16

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Amount Per Serving

**Calories** 80    Calories from Fat 45

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% Daily Value \*

**Total Fat** 5g **8%**

Saturated Fat 2g **10%**

Trans Fat 0g

**Cholesterol** 20mg **8%**

**Sodium** 620mg **26%**

**Total Carbohydrate** 14g **4%**

Dietary Fiber 0g **0%**

Sugars 2g

**Protein** 10g

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Vitamin A 0%      Vitamin C 0%

Calcium 0%      Iron 0%

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\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.