

GM - Cocoa Puffs

Nutrition Facts

Serving Size 1 bowl (30g)

Serving Per Container 1

Amount Per Serving

Calories 110 Calories from Fat 15

% Daily Value *

Total Fat 1.5g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 120mg 5%

Total Carbohydrate 25g 8%

Dietary Fiber 2g 7%

Sugars 8g

Protein 2g

Vitamin A 10% Vitamin C 10%

Calcium 10% Iron 25%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.