

Nutrition Facts

Serving Size 2 oz (56g)
 Servings Per Container 8

Amount Per Serving

Calories 200

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1mg	0%
Total Carbohydrate 45g	15%
Dietary Fiber 2g	8%
Sugars <1g	
Protein 5g	
Vitamin A 0%	•
Calcium 1%	•
Vitamin C 0%	
Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g