

Nutrition Facts

4 servings per container

Serving size 8 crackers (30g)

Amount Per Serving

Calories 140

% Daily Value*

Total Fat 5g 6%

Saturated Fat 2.5g 13%

Trans Fat 0g**Cholesterol** 5mg 2%**Sodium** 310mg 13%**Total Carbohydrate** 21g 8%

Dietary Fiber 1g 4%

Total Sugars Less than 1g

Incl. Less than 1g Added Sugars 2%

Protein 1g

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 0mg 0%

Potassium 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.