Golden Choice Muffin Mix

# Nutrition Facts

Serving Size 27g
Serving Per Container 20

**Amount Per Serving**

| | | |
|---|---|---|
| **Calories** 80 | Calories from Fat 5 | |
| | | % Daily Value * |
| **Total Fat** 0.5g | | **1**% |
| Saturated Fat 0g | | **0**% |
| Trans Fat 0g | | |
| **Cholesterol** 0mg | | **0**% |
| **Sodium** 240mg | | **10**% |
| **Total Carbohydrate** 20g | | **7**% |
| Dietary Fiber 5g | | **20**% |
| Sugars 1g | | |
| **Protein** 3g | | |

| | |
|---|---|
| Vitamin A 0% | Vitamin C 0% |
| Calcium 6% | Iron 4% |

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.