

Green Plate Foods®
Almond Butter Single Pack Cookie

Nutrition Facts

Serving Size 1 cookie (31g/1.1oz)

Servings Per Container 1

Amount Per Serving

Calories 130

Calories from Fat 60

% Daily Value*

Total Fat 6g **9%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 75mg **3%**

Total Carbohydrate 16g **5%**

Dietary Fiber 2g **8%**

Sugars 10g

Protein 3g **6%**

Vitamin A 8% • Vitamin C 0%

Calcium 4% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g