

HM - Honey Whole Wheat Bread Mix

Nutrition Facts

Serving Size 33g

Serving Per Container 14

Amount Per Serving

Calories 120 Calories from Fat 20

% Daily Value *

Total Fat 0.5g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 160mg **7%**

Total Carbohydrate 22g **7%**

Dietary Fiber 2g **8%**

Sugars 2g

Protein 5g

Vitamin A 0% Vitamin C 6%

Calcium 0% Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.