

Hormel Compleats®
Lasagna with Meat Sauce

Nutrition Facts

1 servings per container

Serving size 1 tray (283g)

Amount Per Serving

Calories **340**

% Daily Value*

Total Fat 13g **17%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 45mg **15%**

Sodium 960mg **42%**

Total Carbohydrate 40g **15%**

Dietary Fiber 3g **11%**

Total Sugars 10g

Includes 10g Added Sugars **20%**

Protein 16g **32%**

Vitamin D 0mcg **0%**

Calcium 195mg **15%**

Iron 1.4mg **8%**

Potassium 470mg **10%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.