

Hormel Compleats®
Meatloaf & Gravy with Mashed Potatoes

Nutrition Facts

1 servings per container

Serving size 1 tray (255g)

Amount Per Serving

Calories **300**

% Daily Value*

Total Fat 14g **18%**

Saturated Fat 6g **30%**

Trans Fat 1g

Cholesterol 50mg **17%**

Sodium 770mg **33%**

Total Carbohydrate 28g **10%**

Dietary Fiber 2g **7%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

Protein 15g **30%**

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 1.4mg 8%

Potassium 470mg 10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.