

Nutrition Facts

4 servings per container

Serving size 8 fl oz (236mL)

Amount Per Serving

Calories **480**

% Daily Value*

Total Fat 19g **24%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 15mg **5%**

Sodium 470mg **20%**

Total Carbohydrate 58g **21%**

Dietary Fiber 0g **0%**

Total Sugars 16g

Includes 16g Added Sugars **32%**

Protein 20g **40%**

Vitamin D 2mcg 10%

Calcium 330mg 25%

Iron 4.5mg 25%

Potassium 190mg 4%

Vitamin A 25%

Vitamin C 15%

Vitamin E 25%

Thiamin 25%

Riboflavin 25%

Niacin 25%

Vitamin B6 25%

Folate 100mcg DFE 25%
(60mcg folic acid)

Vitamin B12 25%

Biotin 25%

Pantothenic Acid 50%

Phosphorus 25%

Iodine 10%

Magnesium 15%

Zinc 25%

Copper 50%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.