Compleat Turkey and Dressing
Nutrition Facts
Serving Size 1 Tray (283g)
Serving Per Container 1
Amount Per Serving
Calories 280 Calories from Fat 70
% Daily Value *
Total Fat 8g 12%
Saturated Fat 2.5g 13%
Trans Fat 0g
Cholesterol 45mg 15%
Sodium 1120mg 47%
Total Carbohydrate 31g 10%
Dietary Fiber 3g 12%
Sugars 4g
Protein 20g
Vitamin A 0% Vitamin C 0%
Calcium 4% Iron 6%
*Percent Daily Values are based on a 2,000
calorie diet. Your Daily Value may be higher
or lower depending on your calorie needs.