

Vital Cuisine - Beef & Mushroom

Nutrition Facts

Serving Size 1 tray (213g)

Servings Per Container 1

Amount Per Serving

Calories 350

Calories from Fat 200

% Daily Value*

Total Fat 22g **34%**

Saturated Fat 6g **30%**

Trans Fat 0g

Cholesterol 40mg **13%**

Potassium 0mg **0%**

Sodium 500mg **21%**

Total Carbohydrate 21g **7%**

Dietary Fiber 4g **16%**

Sugars 2g

Protein 16g **32%**

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g