

Meal Mart Beef Stuffed Cabbage
in Tomato Sauce

Nutrition Facts

1 servings per container

Serving size 1 tray (12 oz) (340g)

Amount Per Serving

Calories

250

% Daily Value*

Total Fat 6g 8%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 35mg 12%

Sodium 720mg 31%

Total Carbohydrate 36g 13%

Dietary Fiber 4g 14%

Total Sugars 14g

Includes 14g Added Sugars 28%

Protein 13g 26%

Vitamin D 0mcg 0%

Calcium 54mg 4%

Iron 2mg 10%

Potassium 494mg 10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.