

MM Stuffed Shells

Nutrition Facts

1 servings per container

Serving size 12 oz (340g)

Amount Per Serving

Calories 280

% Daily Value*

Total Fat 7g 9%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 620mg 27%

Total Carbohydrate 43g 16%

Dietary Fiber 5g 18%

Total Sugars 9g

Includes 1g Added Sugars 2%

Protein 11g

Vitamin D 0mcg 0%

Calcium 84mg 6%

Iron 4mg 20%

Potassium 752mg 15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.