

MD - Cream Soup

# Nutrition Facts

Serving Size 3 Tbsp dry mix (27g)

Serving Per Container 90

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**Amount Per Serving**

**Calories** 140    **Calories from Fat** 80

**% Daily Value \***

**Total Fat** 8g                                   **13%**

    Saturated Fat 2.5g                       **12%**

    Trans Fat 0g

**Cholesterol** 10mg                           **3%**

**Sodium** 115mg                               **5%**

**Total Carbohydrate** 14g               **5%**

    Dietary Fiber 0g                         **0%**

    Sugars 8g

**Protein** 3g

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Vitamin A 2%                                 Vitamin C 0%

Calcium 10%                                 Iron 0%

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\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.