

Phagia Pureed Egg & Toast

Nutrition Facts

Serving Size 1/3 cup (33g)

Serving Per Container about 4.5

Amount Per Serving

Calories 190 Calories from Fat 110

% Daily Value *

Total Fat 12g **19%**

Saturated Fat 3.5g **19%**

Trans Fat 3g

Cholesterol 255mg **85%**

Sodium 410mg **17%**

Total Carbohydrate 9g **3%**

Dietary Fiber 0g **0%**

Sugars <1g

Protein 11g

Vitamin A 8% Vitamin C 0%

Calcium 6% Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.