

Impact Advanced Recovery

## Nutrition Facts

Serving Size 178mL (6 fl. oz)

Serving Per Container 1

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Amount Per Serving

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**Calories** 200      Calories from Fat 0

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% Daily Value \*

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**Total Fat** 8g      **12%**

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Saturated Fat 0g      **0%**

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Trans Fat 0g

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**Cholesterol** 0mg      **0%**

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**Sodium** 200mg      **8%**

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**Total Carbohydrate** 15g      **5%**

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Dietary Fiber 0g      **0%**

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Sugars 0g

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**Protein** 18g

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Vitamin A 17%      Vitamin C 33%

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Calcium 27%      Iron 22%

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\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.