

Nutrition Facts

Serving size 250 mL

Amount Per Serving

Calories **300**

% Daily Value*

Total Fat 10g **13%**Saturated Fat 0g **0%***Trans* Fat 0g**Cholesterol** 0mg **0%****Sodium** 280mg **12%****Total Carbohydrate** 41g **15%**Dietary Fiber 4g **14%**

Total Sugars 0g

Includes 0g Added Sugars **0%****Protein** 14g **28%**

Vitamin D 3mcg 15%

Calcium 240mg 20%

Iron 4mg 20%

Potassium 480mg 10%

Vitamin A 160mcg 20%

Vitamin C 240mg 270%

Vitamin E 6mg 40%

Vitamin K 24mcg 20%

Thiamin 0.6mg 50%

Riboflavin 0.6mg 45%

Niacin 4mg 25%

Vitamin B6 0.8mg 45%

Vitamin B12 1.5mcg 60%

Biotin 12mcg 40%

Pantothenic Acid
3.5mg 70%

Phosphorus 240mg 20%

Iodine 30mcg 20%

Magnesium 85mg 20%

Zinc 4mg 35%

Selenium 16mcg 30%

Copper 0.4mg 45%

Manganese 0.9mg 40%

Chromium 24mcg 70%

Molybdenum 30mcg 70%

Chloride 325mg 15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.