Schar Multigrain Ciabatta Rolls

Nutrition	Facts
4 servings per containe	r

1 roll (50g) Serving size

Amount Per Serving

Calories

Total Fat 4q

Saturated Fat 0.5a Trans Fat 0a

Cholesterol 0mg Sodium 200mg

Total Carbohydrate 26a Dietary Fiber 5q

Total Sugars 3q

Protein 3q

Potassium 100mg

Calcium 20mg

Iron 0.6ma

Vitamin D 0mca

Includes 3g Added Sugars

day is used for general nutrition advice.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a

4%

150

% Daily Value*

5%

3%

0%

9%

9%

18%

6% 0% 2%

2%