

Nutrition Facts

1 servings per container

Serving size 3.33Tbsp (50g)

Amount Per Serving

Calories **80**

% Daily Value*

Total Fat 4.5g **6%**Saturated Fat 0.6g **3%***Trans* Fat 0g**Cholesterol** 0mg **0%****Sodium** 210mg **9%****Total Carbohydrate** 7g **3%**Dietary Fiber 2g **7%**

Total Sugars 1g

Includes 0g Added Sugars **0%****Protein** 3g

Vitamin D 0mcg 0%

Calcium 39mg 4%

Iron 1.26mg 8%

Potassium 94mg 2%

Vitamin A 0%

Vitamin C 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.